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Sodium Storage Mechanism Investigations Through Structural Changes in Hard Carbons

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ABSTRACT

Hard carbons, due to their relatively low cost and good electrochemical performance, are considered the most promising anode materials for Na-ion batteries. Despite the many reported structures of hard carbon, the practical use of hard carbon anodes is largely limited by low initial Coulombic efficiency (ICE) and the sodium storage mechanism still remains elusive. A better understanding of the sodium ion behaviour in hard carbon anodes is crucial to develop more efficient sodium ion batteries. Here, a series of hard carbon materials with tailored morphology and surface functionality was synthesized via hydrothermal carbonisation and subsequent pyrolysis from 1000 to 1900 °C. Electrochemical results revealed different sodiation-desodiation trends in the galvanostatic potential profiles and varying ICE, and were compared with theoretical studies to understand the effect of the varying hard carbon structure on the sodium storage process at different voltages. Furthermore, electrode expansion during cycling was investigated by *in-situ* dilatometry; to the best of our knowledge, this is the first time the technique has been applied to hard carbons for ion storage mechanism investigation in Na-ion batteries. Combining experimental and theoretical results, we propose a model for sodium storage in our hard carbons that consists of Na-ion storage at defect sites and by intercalation in the high voltage slope region and via pore-filling in the low voltage plateau

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3 region; these findings are important for the design of future electrode materials with high
4 capacity and efficiency.
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8 Keywords: hard carbon, sodium-ion batteries, storage mechanism, electrochemical
9 dilatometry, green energy, sustainable materials.
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11 12 1. INTRODUCTION 13

14 The growth in population and improved standard of living have resulted in an increased global
15 energy consumption and is projected to account for an increase in energy demand of 90% by
16 2035. In light of this, the need to transform the way we produce energy has become a “must do
17 now” operation.¹⁻³ Renewable energy technologies such as solar, wind, and hydroelectric
18 energy are considered to be the most sustainable energy sources, yet they are intermittent and
19 the peak electrical production will not always match peak demand. Given the increased demand
20 for cheap and efficient large-scale energy storage systems, the need to find an alternative to
21 lithium-ion batteries (LIBs) is becoming urgent. Sodium-ion batteries (NIBs) have received
22 significant attention as a potential eco-friendly and lower cost alternative to LIBs, owing to the
23 abundance of sodium.^{1,4} Furthermore, cost benefits may also be achieved by the replacement
24 of expensive copper foils, used as the current collector for LIB anodes, with inexpensive
25 aluminium, and by replacing Li salts with Na salts in the electrolyte.^{5,6} Additionally, the
26 conceptual similarity makes NIBs an attractive alternative to LIBs.⁷⁻⁹ Nevertheless, both
27 technologies also show considerable differences that need to be overcome before NIBs can be
28 a viable commercial alternative or complement to LIBs. One of the main limiting factors in
29 transferring the LIB technology to NIBs is that graphite, the common LIB anode, cannot be
30 applied as an anode material for NIBs.^{10,11} The limitation of graphite as a NIB anode material
31 has hence led to alternative anode materials for NIBs being pursued.^{12,13} Recently, owing to
32 their high sodium storage capacity, low working voltage, and excellent cycling stability, hard
33 carbons with randomly oriented, disordered graphitic layers with “closed” micropores formed
34 between these domains have been intensively studied as a NIB anode material, with promising
35 performance being reported.¹⁴⁻¹⁶ These anodes can be derived from cheap and sustainable bio-
36 sources, a key factor promoting their commercialisation for low cost and sustainable energy
37 storage.^{14,17-21} Despite reports of numerous promising hard carbon materials, discrepancies in
38 the understanding of sodium storage mechanism still exist.^{15,22} The effect of the pyrolysis
39 temperature on the structural evolution, electrochemical performance and storage mechanism
40 of the hard carbon has been extensively investigated.^{18,23,24} As a common trend, simultaneous
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3 decrease in surface area and the number of defects in hard carbon, and an increased degree of
4 graphitization were observed with an increase in heat treatment temperature. All these
5 morphological differences also create different electrode architecture and dynamics, which
6 have considerable influence on sodium ion storage mechanism and the electrode's behaviour
7 during battery cycling. In order to investigate the dynamic behaviour of the batteries, several
8 *in situ* techniques have already been applied successfully, either on the cell, electrode or
9 material level during the electrochemical cycling. One possible technique that allows indirectly
10 to reveal the dynamic behaviour of crystalline anodes at the atomic level is *in-situ* X-ray
11 diffraction (XRD).^{25–27} Also, *in-situ* Atomic Force Microscopy (AFM) can be used to study the
12 volume change of active electrode particles during the electrochemical cycle.^{28,29} The most
13 suitable method to investigate the dynamic changes of electrodes during an electrochemical
14 cycle is *in-situ* electrochemical dilatometry (ECD).^{30–32} In the characteristic charge-discharge
15 potential profiles, two distinct voltage regions have been observed; a sloping region above
16 0.1 V, and a plateau below 0.1 V. In earlier studies, these two distinct regions are assigned to
17 different sodium storage mechanisms. The first model reported by Stevens and Dahn[17]
18 assigned the sloping region to sodium ion insertion between the graphitic layers, and the plateau
19 region to sodium filling or plating into pores. Later, Komaba *et al.*¹⁵ supported this mechanism
20 by using *ex-situ* XRD to observe the expanded interlayer spacing because of sodium ion
21 insertion, when hard carbon was discharged to 0.1 V. *Ex-situ* small angle X-ray scattering
22 (SAXS) analysis of the sample discharged below 0.2 V showed a decrease in the intensity of
23 scattering from the pores, indicating that sodium ions inserted into the nanopores within this
24 voltage range. Tarascon *et al.*³³ tuned the microstructure of polyacrylonitrile (PAN)-derived
25 carbon nanofibers (CNF) under various carbonization temperatures. By using X-ray
26 photoelectron spectroscopy (XPS), temperature-programmed desorption coupled with mass
27 spectrometry (TPD-MS) and gas adsorption techniques, the slope region was attributed to
28 sodium ion adsorption on disordered graphitic sheets and the plateau region to the sodium ion
29 filling into pores. The different mechanisms found in the literature may result from comparing
30 carbon materials from different origins. Besides the type of materials, the applied experimental
31 conditions and the characterization techniques used, and differences in detailed chemistry,
32 especially heteroatomic doping, may be the cause of different conclusions.

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In this paper, we synthesised a hard carbon series derived from hydrothermal treatment of
glucose with citric acid as a catalyst (GCs) which were further carbonized at different
temperatures. The resulting hard carbons exhibited a variety of textures and structures, all

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3 furthermore showing different electrode architectures with different degrees of surface
4 functionality and defects, porosity and distinct electrochemical behaviour and Coulombic
5 efficiencies. With the support of experimental and theoretical studies, modified structures were
6 used to investigate the effect of hard carbon structure on the sodium storage mechanism. A
7 fundamental understanding of the hard carbon morphology and the sodium storage mechanisms
8 is essential for efficiently designed hard carbon materials for high capacity and high-efficiency
9 NIBs.
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15 16 2. RESULTS AND DISCUSSION 17

18 The SEM micrographs (Fig. S1) show that the GCs have a spherical shape with a relatively
19 narrow particle size distribution, ranging from 5 to 8 μm . No change in particle size was
20 observed upon pyrolysis, suggesting that the particle size is primarily determined by the
21 Hydrothermal Carbonization (HTC) process which takes place at low temperatures (130–250
22 $^{\circ}\text{C}$).³⁴ The coating process for electrode preparation did not change the GCs' material
23 morphology and no change was observed in the particle size (Fig. S1f). Small angle neutron
24 scattering (SANS) and small angle X-ray scattering (SAXS)³⁵ were used to determine pore
25 sizes. The pore size was modelled using a Guinier-Porod equation.³⁵ SANS (Fig. 1a) and SAXS
26 (Fig. S2) data show a Guinier plateau at around 0.1 \AA^{-1} , indicating dilute nanopores of random
27 size and shape (Fig. S2g). From this, the average pore size was determined (Fig. 1b) and
28 showed a small increase from 1.5 to 2 nm between 1000 $^{\circ}\text{C}$ to 1500 $^{\circ}\text{C}$, followed by a sharper
29 increase to 3.3 nm at 1900 $^{\circ}\text{C}$ (Fig. 1b). The pore size was also characterized by N_2 and CO_2
30 gas adsorption (Fig. S5). The N_2 adsorption showed low surface area below $11 \text{ m}^2/\text{g}$ for all
31 samples (Table 1), suggesting that there is little to no open porosity. The adsorption of N_2 at
32 77 K has gas diffusion problems inside the narrowest micropores that prevent obtaining
33 accurate micropore information, therefore it is widely used in analysis of mesopores. On the
34 other hand, CO_2 is more efficient at penetrating into the micropores due to its the higher
35 saturation pressure (at 273 K as compared with nitrogen at 77 K) and slightly smaller kinetic
36 diameter.³⁶ Therefore, CO_2 gas adsorption of showed a much higher surface area ranging from
37 496 to $2.5 \text{ m}^2/\text{g}$ and a pore size range of 0.5-0.8 nm for all samples, significantly smaller than
38 the pore sizes compared to the SAXS/SANS analysis. The CO_2 adsorption surface area
39 furthermore decreases with increasing temperature to just $2.6 \text{ m}^2/\text{g}$ for the high-temperature
40 sample (GC1900). In SAXS, change in surface area can be analysed by the Guinier-Porod
41 region³⁵ (Fig. S2h) which is proportional to the surface area of the nanopores. The intensity of
42 the nano-pore feature in the SAXS/SANS measurements show a minor decrease with
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temperature suggesting that the pore-density remain largely constant (Fig. S2). This suggests that the gas adsorption measurements (Table 1) are either probing a surface structure which is removed at higher temperatures or the internal pores become more closed with increasing temperature as closed pores can be formed that are not accessible for gas probing but can be measured by X-ray and neutron scattering.

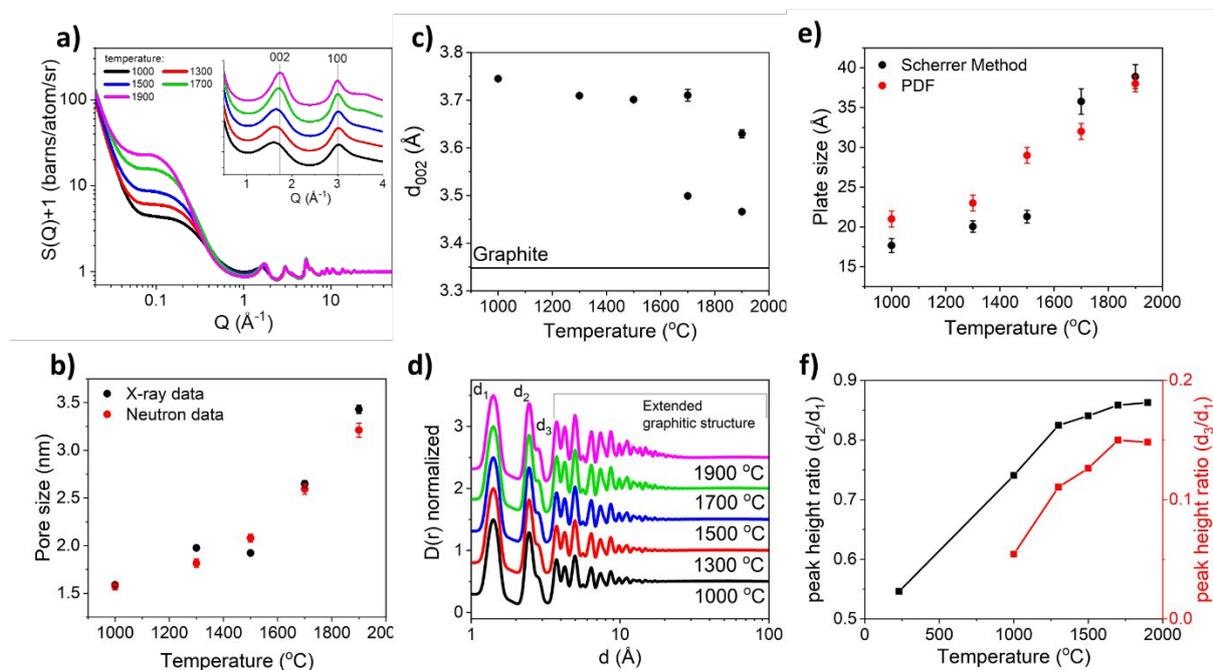


Fig. 1. a) Structure factor (The Guinier-Porod region showing scattering of the nanopores ($Q < 1 \text{ \AA}^{-1}$) and scattering from the atomic structure at higher Q) and b) mean pore size determined from the Guinier-Porod region of the SANS and SAXS data c) interlayer spacing of the graphitic d) planes pair distribution functions (PDF) of the GCs with the PDF normalized to the height of the first peak at 1.5 \AA e) size of the basal plane determined using the Scherrer method and the PDF, and f) peak height ratio of the first three peak observed in the PDF (Fig. 1d)

A graphitic local structure with turbostratic stacking of the basal plane is observed in the neutron total scattering (Fig. 1a) and WAXS measurements (Fig. S2). The data show the characteristic peaks from the plane of the (002) and (100) reflection at 1.8 and 3 \AA^{-1} , respectively. The interlayer distances (d_{002}) (Fig. 1c) are well above the limit where sodium intercalation in graphitic layers is energetically favourable.^{37,38} At higher temperatures the 002 peak shifts to shorter distances and the peak shape becomes asymmetrical, requiring a two peak model to achieve a decent fit (Fig. S2e). This suggests that as the graphitic domains develop, some domains are not able to grow along the c -axis likely due to steric constraint. Therefore, a formation of two distinct populations in interlayer distance (Fig. 1c) are observed in the higher temperature materials. The mean size of the graphitic domains was determined by the Scherrer equation using the width of peak from the plane of the (100) reflection (Fig. 1a) and directly

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3 from the pair distribution functions (PDF) (Fig. 1d). Both techniques showed an increased
4 domain size from ~2 nm at 1000 °C to ~4 nm at 1900 °C (Fig. 1e), which is an indication of
5 structural ordering. The increase in the graphitic domain size is associated with a simultaneous
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V increase in the pore size, suggesting that the dimensions of the pores are determined by the
size of the graphitic domains. The TEM images (Fig. 2) show that all samples have typically
disordered carbon structures, although more organised regions with longer graphitic domains
appear with the increase of the carbonisation temperature. Due to the presence of strong
crosslinks formed during HTC, even at 1900°C, the material still shows the characteristics of
hard carbon as the temperature was not sufficient to transform the structure to a highly ordered
graphitic morphology. To further study the structural changes with carbonization temperature,
Raman spectroscopy was conducted, and the results are shown in Fig. 2f, and Table 1. The
Raman spectra exhibited two broad bands of the D band peak at ~1340 cm⁻¹ (the defect induced
band) and G band peak at ~1590 cm⁻¹ (the crystalline graphite band). The D and G bands
sharpen and become narrower with increasing carbonization temperature, which indicates the
development of aromatic six-membered rings. The increase in the intensity ratio of D band
over G band (I_D/I_G) suggesting the increase in the concentration of defects along with the
graphene sheets at higher carbonization temperatures.³⁹ Moreover, the L_a is calculated from the
the I_D/I_G ratio shows an increase in the crystallite length and coherence; and therefore a higher
degree of graphitic order.^{40,41} Furthermore, the appearance of the 2D peak at 1700 and 1900°C
implies the presence of larger domains of graphitic ordering, consistent with the neutron total
scattering and SAXS/WAXS results and observations made by TEM.⁴⁰⁻⁴²

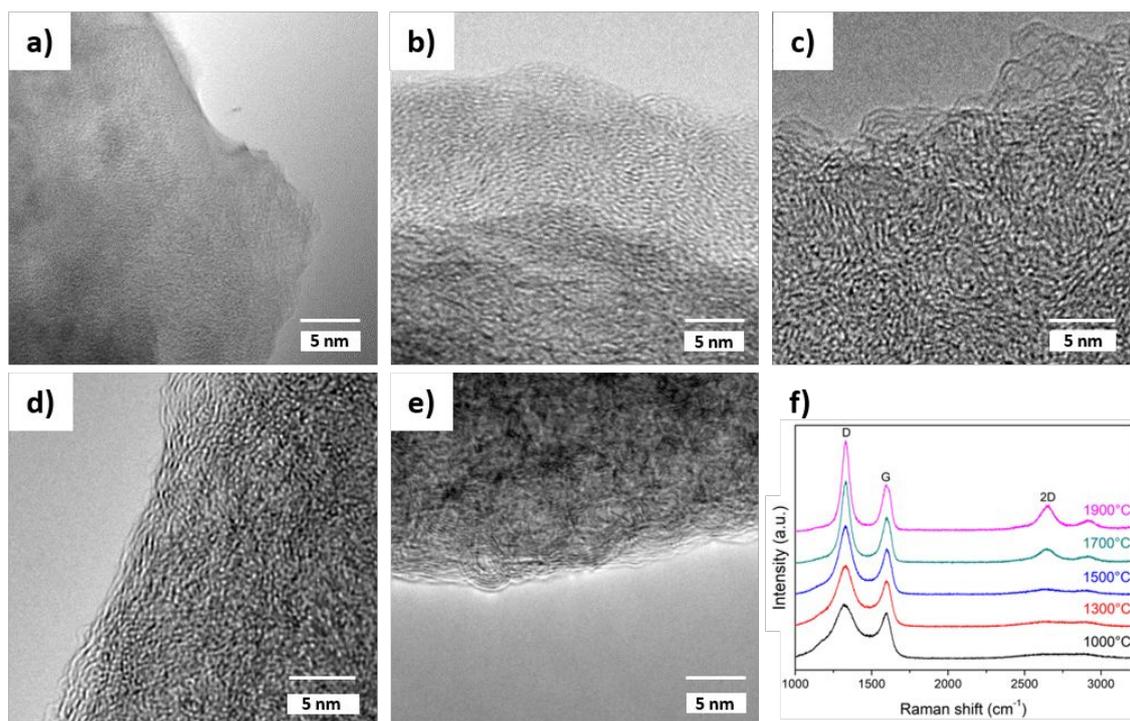


Fig. 2. TEM images of a) GC1000, b) GC1300, c) GC1500, d) GC1700, e) GC1900, and f) Raman spectra as a function of carbonization temperature.

The PDF can be used to observe changes in the local structure (Fig. 1d). The peak at $\sim 1.3 \text{ \AA}$ (marked as d_1) corresponds to the direct C-C and C-O bonds (a schematic of all the relevant distances is provided in Fig. S3 in the supporting information). The peak at $\sim 2.8 \text{ \AA}$ (marked as d_2) relates to the second nearest neighbouring carbon and the presence of the signal at $\sim 3.1 \text{ \AA}$ (marked as d_3) indicates that the structure has the characteristic interatomic distance of the C1-C4 distance in a 6-membered aromatic ring structure. An increase in the ratio of the d_2/d_1 peak (Fig. 1f) shows that increasing carbonization temperature increases the average number of carbons in the 2nd nearest neighbour position compared to the number of directly bonded carbons. The difference between the ratio of the d_2/d_1 is largest between the precursor (HTC sample before pyrolysis) and GC1000, as expected given that the HTC sample is dominated by 5-membered ring structures, aliphatic chains and contains few aromatic compounds.⁴³ The difference between the d_2/d_1 ratios is also relatively large between GC1000 and GC1300. This difference decreases after GC1300, which shows that in between the graphitic domains there are still 5-membered ring structures, defects and crosslinkers left up to 1300°C that can act as feedstock for the formation of new graphitic domains, as the size of the graphitic domains does not change much in this temperature range. Above 1500°C the changes are likely related to the removal of edge terminations as the basal plane increases from 2 to 4 nm (Fig. 1e). This is supported by the increase in the d_3/d_1 intensity ratio, suggesting a higher density of aromatic

structure with increasing carbonisation temperature. The presence of heteroatoms in the GCs was investigated by X-ray photoelectron spectroscopy (XPS) to evaluate concentration of heteroatoms that may contribute to possible Faradaic reactions occurring on the surface of the electrode material^{44,45}, and the deconvoluted C1s and O1s spectra are shown in Fig. S5. The peaks at 533.3 eV and 531.5 eV in the O1s spectra are assigned to C-O and C=O species respectively. The proportion of these peaks decreases with increasing carbonization temperature, this assignment is confirmed by the deconvoluted peaks at 287.6 eV and 288.2 eV in the C1s core-level spectrum. The XPS analysis (Table 1 and Fig. S5) shows that there is an increase in carbon content (C1s, at%) and a reduction in oxygen content (O1s, at%) with increasing carbonization temperature. Overall the high-temperature materials have fewer functional groups and defects, narrower interlayer distances and larger pore sizes compared to the low-temperature materials.⁴⁶

Table 1. Summary of the characteristics of the GC materials. S_{N_2} and S_{CO_2} surface area determined by N_2 and adsorption CO_2 adsorption respectively. C1s and O1s are atomic compositions obtained by XPS.

<i>Materials</i>	GC1000	GC1300	GC1500	GC1700	GC1900
d_{002} (Å)	3.75	3.68	3.66	3.58	3.43
d_{100} (Å)	2.04	2.04	2.04	2.05	2.10
Pore Size $SAXS$ (nm)	1.6	2	2	2.6	3.5
I_D/I_G	1.15	1.32	1.50	1.82	2.02
L_a (nm)	0.9	1	1.1	1.2	1.3
S_{N_2} (m ² g ⁻¹)	11	4	2	1	0.5
Pore Size N_2 (nm)	1.6	2.7	2.8	2.9	4.8
Pore Volume N_2 (cc/g)	0.021	0.020	0.018	0.003	0.003
S_{CO_2} (m ² g ⁻¹)	496	164	76	5.2	2.6
Pore Volume CO_2 (cc/g)	0.36	0.24	0.21	0.005	0.004
C1s, %	86.2	89.6	90.3	97.6	97.8
O1s, %	13.8	10.4	9.7	2.4	2.2
1 st Cycle Capacity (mAh g ⁻¹)	265	301	210	81	66
Initial Coulombic efficiency %	72	83	74	76	66

To observe the effects of all these structural differences on the electrochemical storage performance, GCs were electrochemically tested in half-cell configuration with Na metal as the counter electrode. Fig. S6 shows the first three cyclic voltammogram (CV) curves of the GCs at a scan rate of 0.1 mVs⁻¹. In the first cathodic scan of all the samples, the broad peak at around 0.4 V may be attributed to the reactions of the active sites on the carbon anode material with solvent molecules and electrolyte ions leading to the formation of the solid electrolyte interphase (SEI) in the first cycle.²¹ The irreversible area under the broad peak of GC1000 is much higher compared to the higher temperature materials, due to the higher number of defects

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3 and surface functional groups present which react irreversibly with the electrolyte.
4 Additionally, GC1000 has a larger specific surface area which facilitates the SEI formation,
5 and also contributes to the initial irreversible capacity. A sharp peak in the low potential region
6 of 0.1 V can be ascribed to the oxidation or reduction reactions that involves electron transfer.
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10 Fig. 3a shows the galvanostatic potential profiles of the first and second discharge-charge
11 cycles for the hard carbons tested at 0.1 C. GC1300 delivers the highest total discharge capacity
12 of 301 mAhg⁻¹ with an Initial Coulombic Efficiency (ICE) of 83% (Table 1). The voltage
13 profile can be divided into two regions, the high voltage sloping region between 1 and 0.1 V
14 and the low voltage plateau region around 0.1 V. The capacities of these separate regions were
15 evaluated from the discharge profiles in the first cycles (Fig. 3b). It can be seen that as the
16 carbonization temperature increases, the sloping region capacity contribution decreases.
17 GC1000 with the highest oxygen content shows the largest sloping region capacity contribution
18 (Fig. 3b), consistent with previously proposed sodium storage models where oxygen-
19 containing defects offer favorable sodium adsorption sites.^{33,47} Besides the contribution of
20 surface functional groups and defects, variations of interlayer distance (d_{002}) between graphitic
21 layers also affect Na insertion, as the expanded graphitic layers serve as Na storage sites. A
22 larger contribution to the sloping region is seen in the lower temperature hard carbons with
23 larger interlayer distance as compared to the higher carbonization temperatures. Therefore,
24 contribution of both Na adsorption on defect sites and insertion in turbostratic carbon domains
25 can be observed in sloping voltage profiles. We assume that after all the existing interlayer
26 spaces and defects reaches its maximum sodium storage capacity, pore filling starts
27 corresponding to the low voltage plateau region. As in the example of temperature increase
28 from 1000 °C to 1300 °C, the plateau capacity of the higher temperature materials is expected
29 to increase with the larger pore sizes. Nevertheless, at higher temperatures, while pore size
30 continues to increase, the interlayer spacing narrows, the ion diffusion pathways to reach some
31 pores therefore become inaccessible, corresponding to decrease in plateau region capacity.
32 Therefore, an optimum concentration of internal (closed) porosity with energetically favorable
33 interlayer distance is important to maximize the plateau capacity.
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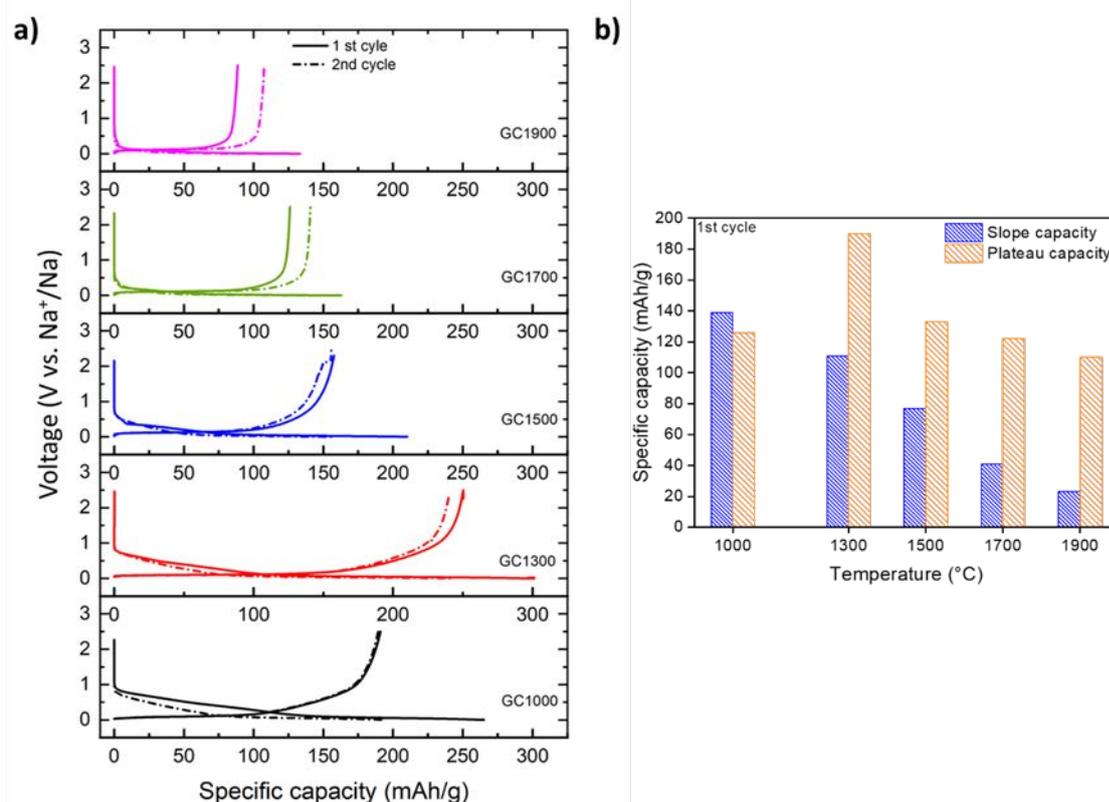


Fig. 3. a) The galvanostatic sodiation (discharge) and desodiation (charge) potential profiles of GC1000, GC1300, GC1500, GC1700 and GC1900. b) Specific capacities of different samples at high voltage sloping region (0.1 – 1.0 V) and low voltage plateau region (around 0.1 V)

The Na storage behaviour of the electrodes was further studied by in situ electrochemical dilatometry (ECD, Fig. S7a) over the first three cycles. The thickness of the electrodes used in dilatometry measurements meets (error margins are shown in Fig. S8) the thickness of electrodes used in the coin cell for the galvanostatic cycling. The initial thicknesses of GC1000, GC1300, GC1500, GC1700, GC1900 (film thickness without Al foil) were 104 μm , 162 μm , 127 μm , 94 μm , 81 μm . As an example, Fig. 4a shows results for the carbon with the highest capacity (GC1300). Results for the other electrodes are shown in the supporting information, Fig. S8. Due to the difference of the cell setups of ECD and coin cells, ICE values (Table S1) and capacities obtained from each setup might be variable. As the loading and thickness of the different electrodes deviated from each other, it is difficult to establish a quantitative link between the performance of the electrode and their expansion/shrinkage. However, some interesting observations can be made. (1) The electrodes undergo an activation cycle, i.e. the first cycle leads to a slight increase in electrode thickness. This increase might originate from side reactions, e.g. SEI formation and/or rearrangement of particles that creates variation in

electrode microstructure. (2) The expansion (difference in thickness between initial and desodiated state, Fig. S7) for all electrodes was in the range of 1.03 to 0.25 % only (Table S1). These values are much smaller compared to when solvated sodium ions are intercalated³¹, indicating that solvent cointercalation into the carbon matrix does not take place. Small values can be also found for other carbon composites at similar capacity values.^{48,49} Considering full cells, minimal expansion will help to achieve a long cycle life.

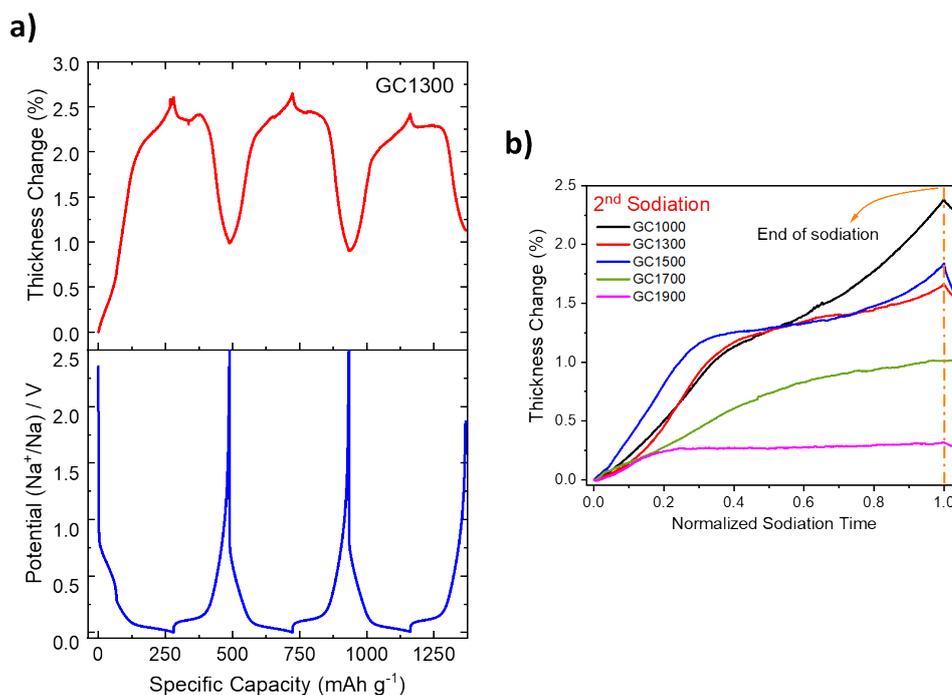


Fig. 4. a) In-situ electrochemical dilatometry measurements of the electrode thickness change in the first three cycles for GC1300 b) percentage thickness change of each electrodes during the second sodiation.

(3) Fig. 4b compares the electrode expansion during sodiation for the different electrodes (2nd cycle, data was normalized). Although sodiation occurs at constant current, the expansion of the electrode is not linear. As mentioned above, the voltage profile can be roughly divided into a sloping region and a plateau region. The ECD results show that the expansion of the electrode is greater in the sloping region than in the plateau region. This supports the concept that the sloping region is due to ion insertion between graphitic layers since sodium intercalation in graphite typically results in large interlayer expansion.⁵⁰ Conversely, pore filling results in minimal thickness change, and therefore supports the assignment of this process occurring during the plateau region, where less pronounced electrode expansion is observed. The *ex-situ* SEM images of GC1300 (Fig. S9) show cross-sections of the electrode after the first sodiation and desodiation process. Since the electrode has a variable surface height, three different

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3 regions were measured to obtain the average thickness (before cycling ~144, after the first
4 sodiation ~178 μm , after the first cycle ~170 μm). The result is consistent with the *in-situ*
5 electrochemical dilatometry observation that the structure remained expanded as compared to
6 the initial state of the electrode.
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11 From the experimental characterisation of the hard carbon samples above, it was shown that
12 the materials contain expanded graphitic stacks with different interlayer distances and graphitic
13 surfaces with oxygen heteroatom defects. To bring atomistic insight into the effect of oxygen-
14 containing surface defects and differing graphitic interlayer distances on the sodium storage
15 and incorporation in the hard carbon samples, density functional theory (DFT) simulations
16 were employed. The surface defects and oxygen heteroatoms on the hard carbon surfaces were
17 modelled in terms of oxygen defects on a graphene monolayer. To understand the difference
18 in intercalation behaviour for the different hard carbon samples with varying graphitic
19 interlayer distance, a double layer planar graphitic model was employed. The effect of pore
20 size on sodium incorporation in hard carbon was probed in a previous publication.⁵¹ To study
21 the effect of different interlayer spacing on the sodium incorporation and migration, the sodium
22 binding energy in the bi-layer graphitic layers with different d_{002} was calculated (see supporting
23 information for details). To calculate the sodium binding energy (E_{bind})^{52,53}, equation S2 was
24 adapted to include sodium in between two graphitic sheets. The calculated binding energies are
25 presented in Table S2, with a more negative E_{bind} indicating a more energetically stable
26 structure. It is clearly seen from Table S2 that the sodium incorporation in the graphitic stacks
27 become more favourable with increasing d_{002} . Hence, GC1000 is the most favourable for
28 sodium intercalation from these calculations, whereas GC1900 would not be expected to store
29 much sodium in the graphitic stacks with calculated d_{002} . The sloping region is partly attributed
30 to sodium storage in expanded graphitic stacks. Hence, a stronger (more negative) E_{bind} is in
31 line with the more distinct sloping regions observed for the GC1000, GC1300, and GC1500
32 samples as compared to GC1900. From the calculated E_{bind} , the Na storage capacity of GC1700
33 should also have contribution from the graphitic stack filling in its sloping region. However,
34 the distinctly smaller sloping region of GC1700 compared to that of the lower carbonisation
35 temperature samples (GC1000, GC1300, and GC1500) indicates that the capacity from the
36 graphitic stack filling in GC1700 is relatively small. To form an understanding of the sodium
37 storage in the graphitic models with different interlayer distances, the intercalation energy per
38 sodium atom at different sodium loading (up to 8 Na) in the graphitic models of different
39 interlayer distance (Fig. S10) was calculated. It is clearly seen that sodium intercalation in
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GC1900 is energetically unfavourable. GC1900 would hence be expected to have a lower sodium intercalation potential than the samples with higher average interlayer distance.

Overall, the calculated intercalation energies show that sodium intercalation increases with increasing the interlayer distance (Fig. S10), which could explain the higher sloping region capacities measured for the GC1000, GC1300 and GC1500 samples compared to high temperature materials GC1700 and GC1900. To assess the effect of oxygen-containing defects on sodium storage, which would contribute to the sloping region, a selection of graphene defects was modelled (Fig. S11). These defects have not been explicitly shown to be present in the experiments above, due to the difficulty in identifying/specifying the exact defects from the XPS analysis. Nonetheless, the models here allow us to explore different possible defect configurations at the atomic level and will serve as a guide to how oxygen-containing defects influence the sodium adsorption. In a previous publication, the effect of a wider selection of graphene defects on sodium adsorption was investigated, and reference to that study is made here.³⁸ For each postulated defect in Fig. S11, its equilibrium defect formation energy (E_f^{defect})^{54,55} was calculated (see the supporting information). The calculated E_f^{defect} are collected in Table S3 and show that oxygen-containing defects are energetically favourable on the graphene basal plane. Comparing E_f^{defect} , none of the investigated defects have higher E_f^{defect} than the $3O_C$ defect, or lower than the $2O_C$ defect. The formation energies of the O_C and $2O_CV_C$ defects are furthermore relatively low, which indicates that a high concentration of these defects in the hard carbon basal planes would be probable. This confirms the experimental observation that hard carbons are prone to the formation of oxygen surface defects. To assess the sodium storage on these defective surfaces, the sodium adsorption energy (E_{ads}^{Na})^{52,53} was calculated (equation S2). The more negative the adsorption energy is, the stronger the adsorption. The calculated adsorption energies for sodium on defect sites are collected in Table S2. The presence of oxygen-containing defects improves the sodium storage capacity of the carbon surface, except for the O_C defect (-2.85 eV) which shows no change in the sodium adsorption energy. The strong sodium adsorption energies calculated for the O_CV_C defect indicate that this defect would greatly improve sodium storage. Hence, in the hard carbon samples with more oxygen content and oxygen surface defects (i.e. GC1000, GC1300, and GC1500), a considerable amount of sodium would be expected to be stored on defect sites. Therefore, a larger contribution to the sloping region capacity due to the presence of these kinds of defects in the lower temperature sample would be expected as compared to the GC1700 and GC1900

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3 samples. This is consistent with the XPS results in Table 1 which show that GC1700 and
4 GC1900 have a lower oxygen content than the lower temperature samples, and hence the
5 contribution from sodium storage on defect sites in the GC1700 and GC1900 samples will be
6 much less. Hence, the sloping region of GC1700 is much shorter than for GC1000-1500.
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10 11 3. CONCLUSIONS

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13 In this study, a series of hard carbon materials derived from glucose was produced, and the
14 effect of the different hard carbon configuration on the sodium storage mechanism investigated
15 by using TEM, Raman, XPS, SAXS/WAXS, SANS, and gas adsorption techniques. It
16 demonstrates that the presence of oxygen defects and large interlayer spacing has a more
17 considerable contribution to the sloping region. Experimental results also supported by DFT
18 simulations showing that sodium intercalation ability increases with increasing interlayer
19 distance, while oxygen-containing surface defects improve the sloping region capacity.
20 Increasing the number and size of the internal (closed) pores with increasing carbonization
21 temperatures enhanced contribution of plateau region capacity up to 75% of total capacity. In
22 situ ECD measurements reveal that expansion of the electrodes (expansion/shrinkage during
23 cycling) is very small which is helpful considering full cells. Moreover, sodium storage during
24 the sloping region leads to a greater electrode expansion compared to the plateau region. This
25 led us to hypothesize that the slope region capacity is due to sodium ion adsorption on
26 disordered graphene layers and intercalation into graphene layers with suitable spacing. In the
27 plateau region sodium ion storage mechanism dominates over pore filling.
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40 41 EXPERIMENTAL METHODS

42 43 *Materials synthesis*

44 Hard carbon materials used in this research were prepared from glucose in two steps that consist
45 of hydrothermal carbonization at low temperature and carbonization at high temperature.³⁴ In
46 the first stage, 10 g glucose (D-(+)-glucose, $\geq 99.5\%$, Sigma Aldrich) was dissolved in 90 ml
47 deionised water and the pH adjusted to 1-2 by the addition of 3.6 g citric acid ($\geq 99.5\%$, Sigma
48 Aldrich). The solution was placed in a Teflon container, then inside a stainless-steel autoclave
49 vessel and heated at 230°C for 12h then dried at 80 °C overnight. In the second stage, the
50 resulting material was pyrolysed under continuous nitrogen gas flow in a tube furnace for 2 h
51 with a heating rate of 5°C min⁻¹. Pyrolysis was conducted at 1000°C, 1300°C, 1500°C, 1700°C
52 and 1900 °C. The resulting hard carbon samples are denoted GC1000, GC1300, GC1500,
53 GC1700, and GC1900.
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Materials characterization

The morphology and structure of the samples were characterized by FEI INSPECT F Scanning Electron Microscope (SEM). Samples after cycling were washed with dimethyl carbonate and dried at 25 °C under vacuum overnight. For cross section measurements, electrodes were cut by scalpel. Transferring time for air sensitive sodiated samples was 60 s at maximum. Transmission electron microscopy (TEM) analysis was carried out by JEOL 2100Plus TEM at 200 kV operating voltage. The textural properties of the GCs were determined from the adsorption isotherms of N₂ at 77 K and CO₂ at 273 K using Autosorb iQ-C (Quantachrome Instruments, USA) instrument. The specific surface areas were calculated by Brunauer-Emmett-Teller (BET) method for N₂ or Dubinin-Radushkevich (DR) method for CO₂. The BET surface area (S_{BET}) was calculated in the relative pressure range of 0.05–0.3 for N₂ adsorption. The pore size distribution (PSD) was calculated using a non-local density functional theory (NLDFT) method for slit pores adapted for these materials. Before the gas adsorption analysis samples were degassed overnight under vacuum at 200 °C. Raman spectra were measured using a Renishaw in Via Raman instrument with a laser wavelength of 633 nm. X-ray photoelectron spectroscopy (XPS) was performed using a Thermo Scientific K-Alpha* instrument with a monochromated Al-K α X-ray source, after drying the samples at 120°C overnight. Atomic compositions were obtained from the averaged spectra taken from 3 areas for each sample. Small/wide angle X-ray scattering (SAXS/WAXS) was measured on a Xenocs nano-InXider with a Cu-k α source and a two-detector setup for combined SAXS/WAXS measurements. Powder samples were packed in 2 mm Kapton capillaries and measured for 10 min, the empty capillary was measured separately and used for background subtraction. Neutron total scattering experiments were performed at the NIMROD⁵⁶ instrument at ISIS (Harwell, UK), each sample was contained in a thin-walled Vanadium flat plate cell measured for 2 hours using a 30×30mm beam. The data were normalised using a 3mm VNb null scattering plate and scattering from the empty cell and instrument subtracted. The PDF and S(Q) were calculated using the Gudrun programme, both functions were normalised to absolute scale and corrected for beam attenuation, multiple-scattering and inelasticity effects.^{57,58}

Electrochemical measurements:

Hard carbon materials coated on current collector were used as working electrode, and electrodes are prepared in the same way for all electrochemical measurements. Electrodes were made using an 85:5:10 weight ratio of active material, carbon black (Super P conductive, 99+%, Alfa Aesar), and carboxymethyl cellulose binder (CMC) (Mw~250,000, Sigma

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3 Aldrich), respectively. The obtained slurry was coated in a 250 μm layer on Al foil (conductive
4 carbon coated, 18 μm , MTI corporation) by doctor blade and dried at room temperature for 24h
5 and then at 100°C for 2 h under vacuum. The electrolyte and half-cell preparation were
6 conducted in an argon-filled glove box with $\text{H}_2\text{O} < 0.5$ ppm, $\text{O}_2 < 0.5$ ppm. The CR2032 coin
7 cells were assembled with a sodium metal disc (1 mm thick, sodium ingot, 99.8% metals basis,
8 Alfa Aesar) as a counter electrode (CE), and a hard carbon anode as the working electrode
9 (WE). The loading of electrode active materials on current collector was ranging from 2.5-5
10 mg/cm^2 . Whatman GF/B glass microfibre was used as a separator. A 1 M electrolyte solution
11 containing pre-dried (80 °C overnight) sodium hexafluorophosphate (NaPF_6 Alfa Aesar,
12 99+%) in predried (in 4 Å porous molecular sieves, overnight) 1:1 volume mixture of ethylene
13 carbonate (EC, anhydrous 99%, Sigma Aldrich) and dimethyl carbonate (DMC, 99.9+%,
14 Sigma Aldrich) was prepared by stirring until fully dissolved. Galvanostatic cycling tests were
15 performed on a Basytec system in the potential range of 0.001-2.5 V vs Na^+/Na .
16 Sodiation/desodiation current rate was 30 mA g^{-1} which corresponds to a cycling rate of C/10.
17 Electrochemical dilatometry (ECD-3-nano cell by EL-CELL GmbH) was employed to study
18 the electrode dynamics during cycling. ECD-nano cells are designed in a way that only
19 quantifies the dilation of the working electrode in one dimension by the help of a sensor during
20 the electrochemical cycling. The tests were performed in a three electrode-cell configuration
21 having 10 mm diameter of electrode (here hard carbon, the loading of electrode active materials
22 on current collector was ranging from 2-4.5 mg/cm^2) as the working electrode and of sodium
23 metal as the counter (12 mm diameter) and reference electrodes. A special ceramic porous
24 separator, which was soaked in 400 μL of electrolyte to wet the electrode, was fixed in position
25 between a metal frame and the spring. Therefore, only the dilatation of the electrode was
26 recorded. The cells were cycled galvanostatically at 10 mA g^{-1} at constant temperature (25°C)
27 in a chamber.
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46 47 *Computational Methods*

48 For the atomic scale simulations of Na storage on defective graphene surfaces and in graphitic
49 stacks with different interlayer distances, all calculations were conducted using density
50 functional theory (DFT) as implemented in the Vienna Ab initio Simulation Package (VASP,
51 version 5.3.5).⁵⁹⁻⁶² To simulate sodium storage and migration in the planar graphitic layers
52 with varying interlayer distance, a 4 \times 4 \times 2 supercell (64 atoms) was constructed, whereby up to
53 eight sodium was added to each cell in between the two planar graphitic layers. The two planar
54 graphitic layers were placed in an AB stacking mode, whilst varying the interlayer distance
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(d_{002} according to experimental characterisation). For the calculations of sodium on defective graphitic surfaces, we used graphene to simulate the hard carbon basal plane. Based on previous experience of modelling this kind of systems, an 8×8 supercell (without defects 72 carbon atoms) with a converged vacuum gap of 15 \AA was used.³⁸ All calculations used the projector-augmented wave method (PAW) to describe the ion-electron interaction.⁶³ The plane wave cut-off and k-space integrals were chosen so that the total energy was converged to 1 meV/atom. The kinetic energy cut-off was 800 eV, with a $5 \times 5 \times 2$ Γ -centred Monkhorst-Pack grid to sample the Brillouin zone for the graphitic systems and a $9 \times 9 \times 1$ Γ -centred Monkhorst-Pack grid for the graphene models.⁶⁴ To express the interacting electron exchange-correlation energy, the generalized gradient approximation (GGA) with Perdew-Burke-Ernzerhof (PBE)^{65,66} functionals were used (with electronic convergence criteria of 10^{-5} eV and ionic convergence criteria of 10^{-3} eV $\cdot\text{\AA}^{-1}$). All calculations were performed spin-polarized and are periodic. Due to the large polarizability of the graphite and sodium, it is necessary to include dispersion corrections to accurately estimate the metal adsorption and binding energies, in addition to the graphitic interlayer binding energy.^{67,68} Here, the DFT-D3 method with Becke-Johnson damping by Grimme and co-workers was selected.^{69,70}

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Author contributions

H.AI designed the study and drafted the article. H.AI. and H.Au synthesised the hard carbon samples and conducted the electrochemical testing for the NIB cells. H.AI obtained the SEM, gas adsorption experiments and Raman data. H.Au and H.AI. conducted the XPS, and TEM experiments. A.C.S.J. conducted the SAXS/WAXS measurements and analysis. A.C.S.J. and T.F.H. performed the SANS/WANS measurements and analysis. E.O. performed the DFT simulations and analysis. M.G and H.AI conducted the *in-situ* electrochemical dilatometry

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3 experiment. H.Au, E.O., A.C.S.J., and M.G. revised and edited the manuscript. P.A., Q.C.,
4 A.J.D. and M.-M.T. provided supervision and funding, and revised and edited the final
5 manuscript.
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8 9 **Competing interests**

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11 The authors declare no competing interests.
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14 **Associated Content**

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16 Supporting Information Available: Additional materials characterisation: SEM; SAXS, WAXS
17 and PDF; gas adsorption analysis; XPS spectra. Additional electrochemical characterisation:
18 CV and rate performance; electrochemical dilatometry and electrode thickness calculations.
19 Additional DFT-calculated binding energies and discussion.
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